From Vermont Summers to Collegiate Dreams

By Lindsay Brock

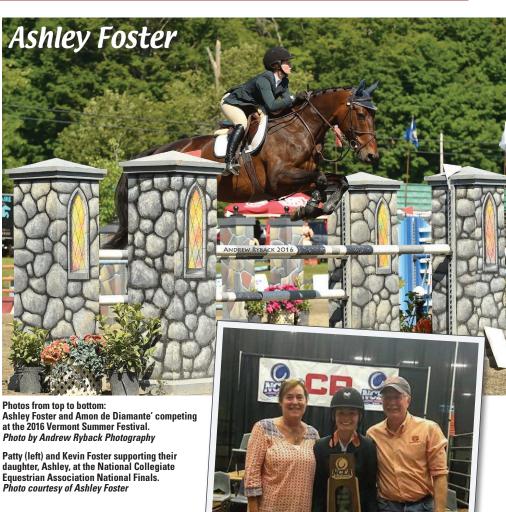
s show jumping riders reach the culmination of their junior careers, they face one of the most important decisions they'll ever make. It's a decision that molds their future, not only as an equestrian, but also as an adult. That decision is whether to step out into the sport they love as a professional, or embark on four years of higher education. After deciding on college, the next question is arguably even more important: to ride or not to ride?

For many equestrian professionals, riding competitively in college was their springboard for establishing a career in horse sport. While not every rider who heads off to college after high school continues riding, for many who do, it's the best decision they ever made.

Here's a look at three young athletes who spend their summers riding at the base of the Green Mountains at the Vermont Summer Festival horse show and spend the rest of the year chasing their collegiate dreams.

ASHLEY FOSTER — Auburn University

Twenty-one-year-old Ashley Foster recalls her parents propping her up in a basket atop a pony so that she could participate in the Vermont Summer Festival's lead line competition. Fast forward to 2017, and that same pony-crazy girl will graduate from Auburn



University in Auburn, Alabama, this December with a degree in horticulture after also playing a pivotal role on Auburn's National Collegiate Equestrian Association (NCEA) riding team for

four years.

Ashley is moving on from college in style, having helped her team advance to the 2017 NCEA National Championship Semi-Finals this April in Waco, Texas, and being named to the All-Conference and All-American teams. After concluding her collegiate career on a high note, Ashley hopes to return to the family business.

"Tve been riding since I was a baby," said Ashley. "I grew up riding ponies, and ponies turned into horses. It's been my whole life and it's really what I want to do: follow in my family's footsteps."

It comes as no surprise that Ashley's goals surround equestrian sport. She was born into the horse industry to her parents, Patty and Kevin Foster, who operate Rolling Acres Show Stables in Brookeville, Maryland, alongside Ashley's aunt and established rider, Marylisa Leffler.

While horses may be a part of Ashley's genetic makeup, she acknowledges the benefits of a college education. When it came to Auburn University, Ashley found it was love at first sight. "I knew I wanted to get an education," she said. "I fell in love with the town first. I'm not a city girl, so it was a perfect fit for me to go from the farm to Auburn. I think collegiate riding was the perfect answer for me because I got to go to school and do what I love at the same time."

While Ashley hasn't ruled out utilizing her degree in horticulture as part of her career, she currently has a clear focus on riding. When home from school, Ashley can often be found

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seeking help from her mother, practicing and trying her best to prepare for the upcoming season.

"I think having a parent as a professional helped me a lot because I got to ride a lot of different horses from different backgrounds, and that's exactly what you have to do in college," explained Ashley. "You don't know what you're going to pull, but you still have to perform and ride it as best as you possibly can for your team."

As Ashley prepares to make the annual pilgrimage with her family back to the Vermont Summer Festival where her show career first began, her hope is that other riders will reap the same benefits as she did from collegiate riding.

"In our industry, it's hard to go get a college education and ride at the same time," she said. "It's often one or the other and I think riding on a team is the perfect way to never stop riding, but also get an education. I encourage riders to go to an NCAA school, big or small, for the riding, educational and life experience."

SAMANTHA PERLMAN — NEW MEXICO STATE UNIVERSITY

Samantha Perlman, 19, credits her NCEA scholarship to New Mexico State University to a single horse, saying Aston Martin got her into the equitation ring and ultimately into college.

"He's the reason I am where I am today," said Samantha, who recently completed her sophomore year of college. "The summer before my junior year in high school, my parents encouraged me to pursue NCAA riding and that's when I really stepped up into the equitation."

Samantha, who hails from Garrison, New York, was born into the equestrian industry and that legacy is helping her to write her own story. Her father is well-known trainer Kim Perlman, who owns and operates Riverstone Farm alongside her mother, Caroline Sykes, in Central Valley, New York, and Ocala, Florida.

"I have pictures of me riding with my dad before I could walk," recalled Samantha. "I had a short stirrup pony named Savannah Rainbow and she took me from cross-rails up to children's pony hunters. I'm short, so I did pony hunters for a long time. Once I was really serious about riding, I couldn't get enough."

It was while Samantha was in high school that the six-week Vermont Summer Festival, which has been a part of her show schedule for as long as she can remember, introduced its popular Equitation Tuesdays. Samantha used the bountiful opportunities to qualify for year-end

equitation finals to get noticed by top schools.

"Having those opportunities without hopping around to different horse shows all summer long was so helpful," said Samantha of the six weeks of Equitation Tuesday offerings. "I started riding in Vermont when I was in diapers, and the show is a longtime favorite for me and my family."

At New Mexico State University, Samantha is pursuing a degree in psychology and sports marketing. She still recalls the day her parents sat her down and encouraged her to compete in college.

"I would have missed out on so many things if I hadn't made this decision," said Samantha. "Specifically, the college system has made me a better rider at home. You have four minutes to ride a horse you've never ridden in your life and

Photos from top to bottom: Samantha Perlman competing at the Vermont Summer Festival.

Kim and Samantha Perlman
Photos by David Mullinix Photography

figure it out on the spot. That experience has made me more adaptable."

Samantha Perlman

Samantha admits the change in format was an adjustment for her, but she also appreciates some of her first victories as a collegiate rider. "When you win your first point in competition, it's a big deal," she said. "The first time I competed, I lost my point and the next time I came back determined and won. It's a great feeling to have a whole team there that wants you to do well. That first point was at the Willis Invitational at Baylor and we were riding against Fresno State. I'll always remember it."

EMMA SCHAUDER — University of Georgia

Emma Schauder, 21, graduated from the University of Georgia this May after thriving on its NCAA equestrian team. Finishing with a degree in English and four years of cherished memories, Emma is extremely grateful for her college experience.

"Going away to college was a difficult decision for me because I'm so involved in my family's business," said Emma, who works alongside her parents, Christina and Fred Schauder, at their family-owned Country Lane Farm in Greenwich, Connecticut. "I knew I

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wanted to become a professional someday but, ultimately, my parents wanted me to have a strong education, and that education has laid a foundation for the rest of my life.

"I'm glad that I chose college, but I'm even happier that I chose to ride in college," continued Emma, whose younger sister, Lindsay, will follow in her footsteps and start her freshman year on the equestrian team at Texas A&M University this fall. "Horses are my world and when school got crazy, I found my sanity at the barn. I had the best of both worlds; I was pursuing a degree in a subject I enjoyed and I was riding every day."

From the time Emma sat on her first horse, a pony named Perfect Gentleman, she has been

. Photo courtesy of Emma Schauder

Emma Schauder at a collegiate competition riding for the University of Georgia.

Photo by Taylor Carman

a part of something bigger at Country Lane Farm. As a result, riding as part of a team was an easy transition, but one that taught her lessons far beyond the competition ring.

"I learned a lot about how to compete for others rather than just for myself," said Emma. "Riding for others is a different type of pressure, and it helped me to grow as a person and learn to put others before myself."

Thanks to the scholarship opportunities offered to Division I athletes, Emma ventured out of state to Athens, Georgia, a community that, according to Emma, stole her heart. Now that her four years at the University of Georgia have ended, she's eager to return home to Country Lane Farm and showing in Vermont. "I've been showing in Vermont since lead line and am excited to spend another summer there," said Emma.

While Emma packed her bags and left Georgia in the spring, she will make a return visit this fall to collect a championship ring. Fittingly, the University of Georgia won the 2017 NCEA Southeastern Conference Championship to close out Emma's time on the team.

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